

The Green and White Courier

VOLUME IV.

MARYVILLE, MO., APRIL 24, 1918

NUMBER 15

Trimester Plan Adopted

Summer Session Divided
Into Two Terms

PLAN CONSERVES TIME.

The Normal has adopted the trimester plan of organization of the school year which will go into effect at the beginning of the school year in September. This plan divides the year into three terms of sixteen weeks each, with changes in terms occurring about September 1, January 1, and May 1.

The third term of the school year, from May to September, will be divided into two terms of eight weeks each. This division will enable teachers of schools of nine and ten months' length to attend the latter part of the term; while teachers employed for only eight months can do a regular half year's work during this third trimester.

Students can complete fifteen or sixteen hours of work each term. Fractional credits will be eliminated, in the main. The number of hours of credit per term will be the same as the number of hours per week. The Elementary Certificate may be secured in two terms, or two thirds of a calendar year; the Elementary Diploma in four terms or one and one-third calendar years; the Advanced Diploma and Degree in eight terms, or two and two-thirds calendar years.

Such an organization will conserve time; will accommodate farm workers by the term divisions at Jan. 1 and May 1; and will eliminate closed seasons and holiday wastes, since holidays will come between terms except for single days prescribed by law.

The trimester plan has been adopted by the State University and Cape Girardeau Normal and is being considered in other colleges of the state.

SOPHOMORES HELP RED CROSS.

Sophomores bought a lamb which they gave to the Red Cross to be sold at the auction held Saturday, April 13. The proceeds of the sale go toward maintaining the work in this county. The lamb brought eight dollars.

Prof. and Mrs. Osburn went to Kansas City, April 8, on business. From there, Mr. Osburn went to Richmond to see his mother.

LIBERTY LOAN PARADE

Fifth District Normal celebrated the anniversary of our entrance into the war by taking part in the Liberty Loan parade, April 6. The parade, which formed promptly at half past one at Perrin Hall, included students and faculty in a representation of the various patriotic activities of the school.

Messrs. Palfreyman, Hanson, Lewis and Brown, marshals of the day, arranged their forces under the leadership of President Richardson and Mr. Blagg. Immediately following came the Normal School Banner and the U. S. flag which was carried by twenty girls dressed in white. The service flag borne by twelve boys required a post script in the form of a sign telling that our honor roll contains seventy-four stars. Two floats formed the centers of attraction. On the Red Cross float sat the student instructors, busily making bandages. After it marched the eleven surgical dressings units, in costume. Following these were the civilian relief and hospital garment workers. The Junior Red Cross float carried Kindergarten children sniping, with their teacher, Martha Denny. Banners told the number of civilian children relief and hospital garments made by industrious Normal workers. Our part of the parade was concluded by students carrying allied flags.

Much credit for the success of the event is due to Misses Brunner and Winn and Messrs. Hanson and Osborn, the committee in charge. The Red Cross float was made by Misses Winn and Helwig and Mr. Hanson and the Junior Red Cross float was made by Misses Miller and Brunner and Mr. Foster. Miss Gladys Anderson, head of the art department, lettered all the signs used in the parade.

MISS ZENOR ATTENDS NATIONAL CONFERENCE.

Miss Helen Zenor, supervisor of Music in the Maryville Normal, attended the Music supervisors conference, held at Evansville, Ind., April 8-12.

In a survey of the normal schools it was found that less than half of them meet the requirements in music now suggested by Carnegie Foundations; and these requirements are soon to be raised.

Among those giving addresses at the conference were C. A. Fullerton, of Iowa Teachers' College, Otto Meissner of Milwaukee Normal, and John C. Freund, Editor of Musical America.

Many supervisors were knitting. Mr. Giddings of Minneapolis has made seventy-five pairs of socks this winter.

THE CALL OF DEMOCRACY.

We are living in the greatest age of history. Its two most powerful opportunities lie in our answers to the following urgent calls: Help Win the War; and Make the World Safe for Democracy.

As for the first, students and teachers can do much; but to those who expect to remain students and teachers the second call will doubtless come with greater force.

The decisions of arms is now first in importance, first in sacrifice and first in glory. However, that is not enough and while it is not ours to share that glory, there is a "next best." That decision must be supplemented by a strenuous educational movement. And here is the role and opportunity for student and teacher.

We must draw upon our every available resource. When we've done our level best, we've done only a puny thing compared with the "service under fire."

It is ours to go with scrutiny to the wisdom and systems of the ages for historical light and leading. Just now we propose to join a widespread educational movement to re-examine the philosophy and practice of the man Christ Jesus by trusting that we, as neither Catholic, Protestant nor Jew, but as simple laymen in our extremity, may learn more of the plain principles on which must rest a world safe for democracy, the only world fit to live in.

We are not studying these principles merely for the sake of conducting a Bible study in our school. But we are searching for advice and leadership from the Book of all ages to help us in the solution of the great problem which confronts the world today.

Come and let us consult and advise with one another on the issues of life. You can help and you may be helped. Your patriotism of necessity associates you with the rest of us in this co-operative quest of truth. And your intelligent enthusiasm will attest the measure of your fitness to meet the demands of the future.

NEW DOORS.

I go to the main front entrance. New doors. I go to the west entrance. New doors. I go to the east entrance. New doors. There goes the bell. Time for gym. I go. New doors again. Great improvements being made around here.

Mr. Colbert addressed a meeting at the Swallow district, south of Maryville, Friday, April 12, in the interest of the Third Liberty Loan Campaign.

Track Has Our Interest

Inter High School Meet
April 26-27.

DUAL MEET AT NORMAL.

The Maryville Normal School will be host to many high school representatives in the annual Inter-High School field and track meet to be held here Friday and Saturday, April 26 and 27.

Many entries have been received to date. It is hoped that this will be the biggest meet in the history of the association. Much more interest has been displayed this year in track work because the schools have been divided into classes according to the enrollment of the high school.

Track work this spring will take the form of a dual meet to be held Monday, April 29. Ray Nichols and Forrest Brown are to be the captains. They will choose their teams from the men of the school. Fourteen events are offered and two entries will be allowed in each track event and any number in the field events. It is proposed to offer a trophy cup to the highest individual point winner. Twenty boys have signified their intention of being in the meet.

At the same time the girls will hold a track meet. Five events are offered, track relay, discus throwing, fifty-yard dash, zig zag ball game and basket ball goals. Fifteen girls are entered in the various events.

MR. HANSON GOES TO CAMP GORDON.

Mr. Walter Hanson left Thursday, April 18, for Camp Gordon, Atlanta, Georgia, to take up his work as director of athletics at the camp. Mr. Hanson has been granted leave of absence from the Normal for the duration of the war.

The young men of the school presented Mr. Hanson with a sterling silver safety razor.

Mr. and Mrs. G. H. Colbert were host and hostess at a six o'clock farewell dinner on April 16, given in honor of Mr. Hanson. Those present were: Mr. and Mrs. Walter Hanson and daughter Ruth; Mr. and Mrs. W. J. Osborn, Mr. and Mrs. Henry Foster, Mr. and Mrs. C. H. Belting, Miss Beulah Brunner, Miss Mildred Miller and Miss Beatrix Winn.

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Nona Robinson . . . Editor-in Chief
Mattie Dykes Alumni
Ruth Foster Senior
Beulah Beggs Junior
Lloyd Hartley Sophomore
Gertrude Walker Freshman
Gertrude Hilmer Freshman
Marie Landfather Philomathean
Minnie Turner Excelsior
Beatrice Sewell Y. W. O. A.
Anne Sillers Red Cross
Miss Beatrix Winn Instructor

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One Year \$1.00
One Quarter25

WEDNESDAY, APRIL 24, 1916.

SAVE WHEAT—WIN THE WAR.

Dr. A. E. Taylor of the U. S. Food Administration in an address at a meeting of hotel men at Washington, D. C., several weeks ago stressed the obligation of these men to take a positive stand on food conservation.

We must reach the place where each of us will look upon every decision in our lives as an act of war policy. Everything we do, plan, eat and wear must be analyzed and measured from one single point of view—will it contribute to the carrying on of the war or to its prolongation.

We are accustomed to believe that wheat is a more or less indispensable article of diet. It isn't. It is an article of luxury. Wheat possesses

no more nutritional value for man or beast than oats, corn or rice. Our partiality is solely a question of taste and convenience. Our Allies need it to maintain a normal ration, and we do not. For that reason let us accept the oats, barley and rice. Public eating houses will not enforce a food conservation program unless the best hotels and restaurants set them a positive example.

The greatest diet difficulties in Germany today are resulting from the poor man's realization that the big hotels do not play the game. A rich man in Germany can buy anything he has the price to pay for, and this has honeycombed that nation with graft. A striking contrast is shown in the hotels of London and Paris where the service mirrors the food conservation movement.

Neither can the home program be successful if hotels, restaurants or clubs serve those things which the housewife is trying to conserve. Women everywhere complain that the men do not play the game with them, but will find some place where the policy which they are trying to follow is violated.

The example of the upper classes of England in denying themselves the most and in assuming the heaviest burdens has convinced the other classes of the intensity needed in the fight. We in America are needing this greater intensity of spirit to fulfil the hopes of those abroad.

The French soldiers salute the American civilian with an expression of respect, reverence and trust that beggars description. In that salute they express their trust in the thousands of Americans at home.

We must be worthy of this trust and be faithful in our duty as an ally. The people of France know that the American people are asked to conserve food, and they know that the man who asks them to do it is the man best qualified in the world to lay out the program—the Hoover of Northern France and Belgium and now the Hoover of the United States.

GRADUATING CLASS ORGANIZES

The graduating class organized Tuesday, April 9, and elected the following officers:

President, Beulah Beggs; Vice-President, Sylvia Ratcliffe; Secretary and Treasurer, Ella Moore.

It is the custom of the school for each graduating class to present a gift to the Normal. For this purpose a committee consisting of Nelle Cranor, Mahala Saville, Esther Dietz, Ruth Foster, and Beatrice Sewell was appointed.

The class day program is being arranged by a committee consisting of Verne Pickens, Hazel Reaugh, Martha Rhodes, Martha Denny, and Ella Moore. The play committee consisting of Beatrice Sewell, Vera Hughes, Belle Mulholland, Myrno Converse, Madge Dawson and Lucille Snowberger have selected "Green Stockings," a popular modern comedy, for the class play which is to be given in June. The cast will be selected and rehearsal will begin this week.

EXHIBITS IN FOOD CONSERVATION.

Exhibits of food conservation are being shown each week in the Schumacher grocery store window. These are being arranged by the students of the foods class and the signs and posters are being made by one of the advanced art classes. These exhibits are being given under the supervision of Miss Bertha Beal, the county food director. Two exhibits have been given and ten more will be given.

The topic of the first was "Save the Sugar" and samples of the substitutes were shown. Also the need of saving sugar for our soldiers and allies was shown by placards. The amounts of sugar eaten per day by each person in the United States, England, France, and Italy was shown in measured piles. This exhibit was arranged by Louise Rowlette.

The second exhibit showed the different "Uses of Syrups." These were illustrated in coffee, lemonade, cake icings, candy and cookies. The food administration has asked that each person save two tablespoonsful of sugar each day. This was measured in the spoons and emptied in two small heaps that it might bring out the amount more graphically. Dorris Saylor arranged this exhibit.

The following exhibits will be given within the next few weeks:

Christmas Candies from Syrups.
Corn Breads.
Soy Beans.
Liberty Bread.
Eat More Potatoes.
Liberty Cake.

Cereals, and Plan the Garden to Supply the Vegetables for the Whole Year.

How to Use the Other Cereal Flours.

These will be arranged by Laura Curfman, Mabel Curnutt, Marie Al-

corn, Wave Hulet, Gretta Kemp, Anne Sillers, Willie Cozine, Blanche Daise, Dorothy Dale and Ella Moore. The placards and posters for these will be made by Miss Anderson, Ruth Foster and Nelle Tobin.

ALUMNI NOTES.

James Carpenter, 1910, and wife announce the birth of a daughter, April 15.

Verdia Miller, 1913, who is teaching expression in Howard Payne College of Fayette, Mo., has been in Maryville on account of the illness of her mother.

Paul Powell, 1916, visited the Normal last week.

Many of our graduates are taking prominent places in war work. Katherine Carpenter, 1917, went to Kansas City, April 11, to assist her sister, Dora Carpenter, 1911, in a demonstration, Saturday morning before a class of house wives in a home economic training school being conducted there. Dora Carpenter is district home demonstrator of the food administration. Her demonstration Saturday morning was to show by practical illustration the value of corn meal as a food.

Anna Bainum, 1914, also went to Kansas City to visit the classes. She is assisting in a similar school that has been organized here. Mrs. Nellie Dale, 1913, gave the lecture Thursday, April 18. Others of the alumni will give lectures later.

Lieutenant L. M. Eek and wife, after a few days visit in Maryville, left Tuesday, April 16, for San Antonio, Tex., where Lieut. Eek is to be located. Mrs. Eek was formerly Donna Sisson of the 1913 class.

Phyllis Saylor Anderson, 1908, with three young ladies of Hopkins, will give a program there April 26 for the benefit of the Red Cross. The person paying the highest price for admission will receive a bouquet of cut flowers.

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LITERARY SOCIETY NOTES.

Excelsiors Buy War Savings Stamps.

The Excelsiors, on April 11, showed their loyalty to their country by an enthusiastic participation in the Liberty program, and at the business meeting, as a fitting close to their patriotic program, voted to purchase two five-dollar War Savings Stamps. These were purchased by the treasurer and delivered to the society at the meeting on April 18. The following programs were given on these dates:

Song—America.

The Third Liberty Loan—Ora Bishop Piano SoloEva Bohannon Our Liberty Loan Dollar on its TravelsHettie Robertson

Song—Star Spangled Banner.

Piano SoloMrs. Ethel Pruitt Violin SoloGail Bishop SongVirginia Lawson

Eurekan Notes.

Much "Eurekan pep" was evident at the meeting on April 11. All present showed their loyalty to the Blue and White. The following program was given.

Song and YellSociety Vocal Duet.....Bessie Bohannon, Camille Beggs.

TalkBirdie Ozenberger StoryGertrude Hilmer

Philomatheans Have Service Flag.

The Philomatheans have a service flag in honor of their boys who have answered their country's call. The honor roll consists of twelve names: Henry A. Miller, Vern M. Cornelius, N. C. Wagers, George J. Wamsley, Wm. H. Gillis, Verl Price, Ernest Alexander, Tracy E. Dale, Verne Harris, Paul Powell, Glen Corum and Robert Watson. Both the honor roll and the service flag will hang in the Philo room.

The following program was given on April 11:

Readings—

The Minister to Tea—Martha Johnson.

MandalayFern Bohannon One of Bob's Tramps—Ida Belle Warden.

Dedication of the Service Flag—Mr H. A. Miller.

Star Spangled Banner.....Society Ida Belle Warden was chosen to represent the Philos in declamation in the final contest among the literary societies.

The following program was given on Thursday, April 18:

Piano Duet—Nona Robinson and Lillie Nelson.

Schoolroom Scene.....Ruth Miller, Dorothy Dale, Elaine West and Earl Miller.

DR. H. L. STINSON,
DENTIST

Democrat-Forum Bldg.

Hanamo 348

Farmers 39

MARYVILLE, MO.

ASSEMBLY.

A short program consisting of the following numbers was given in the assembly, April 9.

Reading—The Slow Man—

Ruth Beggs.

Song—Misses Hahn, Brown, Miller, Dietz, Hilmer, Bonham and Green.

Story—A Message in the Air—

Beulah Beggs.

"If ever the world needs prophets it is today," said Rev. Miller, pastor of the Christian Church, in assembly April 16. "The world is long on historians and short on prophets," he continued. "A prophet is one who lives close to the heart of God and interprets in the light of this experience. He is a seer, one who looks into the future, sees what is going to happen and helps to make it happen.

The church has not failed, but it has not duly stressed the social and ethical teachings of Christ. We must learn to stress the fundamentals."

The talk was especially enjoyed, since it supplemented the work of the students in their group study of A New World Democracy.

OUT-OF-DOOR CLUB.

Fifteen persons have become active members of the Out-of-Door Club. The rules and regulations of this club are:

1—Lovers of nature and good health are invited to join.

2—Meetings shall be held outside of school hours for the purpose of out-of-door excursions mainly.

3—The following shall be the policy of the club:

1—Bi-weekly excursions.

2—Reading of one nature book each term.

3—As much time out of doors each day as possible.

4—Sleep with open windows; walk to and from daily routine.

—Conservation and beautification of nature as opportunity permits.

4—Membership shall be of three classes:

1—Visiting members accompany field trips as occasion offers.

2—Active members adhere to the above policy as far as practical.

3—Honor members have carried out the above policy for one term.

5—Membership roll is in the biology room. Your interest solicited.

Two field trips have already been made by interested members and other trips are being planned.

Laura Kizer, who left recently to accept a position in Washington, D. C., is working in the War Risk Department and is stationed in the new national museum. Miss Kizer writes: "I find a very hospitable spirit everywhere here. I never saw so many girls and women in one place in my life. They come from all over the United States. I am sure every state is represented."

FOOD CONFERENCE AT LAWRENCE.

Miss Ora Mae McMillen of the home economic department went to Lawrence, Kan., to attend a food conference held at the state university, April 20.

Dean Arnold of Simmons College, lecturer and organizer for the Collegiate Section of the Food Administration, held this conference of representatives from the colleges and normal schools of Kansas, Nebraska, Oklahoma, Missouri and Arkansas which are giving the food courses.

IF YOU WANT A STENOGRAPHER.

Many times have you jokingly said, "I wish I had a private secretary." Few wishes are or can be fulfilled; here, however, is one that can be answered.

The Normal now has four efficient stenographers. If you have a letter to dictate or a speech to copy, your private secretary will be glad to get it off hands for you. Just hand the room number of your office to the Commercial Department and your stenographer will call.

Prices are as follows:

Letters less than 100 words (one carbon copy)5c

Letters more than 100 words and less than 300 words (one carbon copy)10c

Straight copy work, per sheet.....10c (one carbon copy) and2c for each additional copy.

Miss Gertrude Wright, one member of the class, has opened an office at the Bainum Hotel and is doing Public Stenographic work. The other members of the class are: Doris Sayler, William Van Cleve, and Earl Miller.

Normal students have received the announcement of the marriage of Miss Opal Combs and Mr. Dean Stone, at Ridgeway a few weeks ago. Mrs. Stone is a former student of the Normal.

Mr. and Mrs. Stone are living on a farm, near Ridgeway.

Mary Elizabeth Brown was called to her home at Jamesport April 12. Her sailor brother, just back from London and Paris, was there on a fifteen days furlough.

TYPE WRITING SPEED TESTS.

The second and third quarter students in typewriting, are now taking speed tests, regularly once a week.

Some very good records are being made, both with regard to speed and accuracy. The results of these tests are posted each week in the typewriting room.

The Normal is fortunate in having teachers who can be of value to the whole district as well as to the students. Proof of this statement is their popularity as speakers at commencements.

H. P. Swinehart went to Mount Moriah, April 18, and to Bigelow, April 19, to deliver commencement addresses. Harry A. Miller filled the following engagements in Livingston County: Mooresville, the afternoon of April 12; Wheeling, the evening of April 12; Ludlow, the afternoon of April 13; Utica, the evening of April 13.

Mr. Foster gave the Commencement address for the graduating class of the Pickering school, April 19.

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THE STROLLER.

The Comedy of Statues
A Play in Three Acts by the Stroller

Act I—Scene, Lower Corridor of Normal, Night.

Discus Thrower to Hebe: Whither, now, Fair Hebe, with thy golden cup?

Hebe: To gather the sweet words from the lovers who frequent the bench in this lower corridor. They make very delicious nectar for the Gods.

D. T.: Be not in such haste, Fair Hebe; canst thou chat with me awhile? My back grows weary from so much stooping.

Hebe: 'Tis not from o'er study, I trow. Wert thou a woman thy discus had been thrown long ago, and thou hadst forgotten about it.

D. T.: Be not so cross, Hebe. Thy beauty sets forth the clock of my happiness another hour.

Hebe: (aside) Marry, can he not throw a discus, he can throw a pretty metaphor.

D. T.: But, Hebe, hast thou heard how O. G. tripped the Westminster basketball coach?

Hebe: Nay, tell me of it.

D. T.: Well, it was at the Westminster game here. When Martin Lewis led off the S. S. B. a la Zenor, this coach kept on his hat.

Hebe: (hissing) A German spy.

D. T.: Yea, so said the crowd. So when the game was over, O. G. jump-

ed the coach for being pro-German. body else is in love with her work, "Oh, I am so loyal," he said, "I have too.

Scene II—Lower corridor, that night Hebe (tripping down the stairs) —Oh, D. T. I am so glad to tell you our elopement last night was all right. Our teacher is in love with her work. M. and S. you see were just two good qualities of her husband. 'I am so relieved.

The Discus Thrower nods his head to show, that as a man, he has comprehended the situation all along.

Howard Watson, of the Naval training school at Camp Dewey, Great Lakes, Ill., is in Maryville for a ten days' furlough to visit with his parents, Mr. and Mrs. A. S. Watson. Mr. Watson is a former Normal student.

Enter chorus, singing:
We are the Chorus of Rumors, hey diddle, diddle dio,
Nobody knows where we come from; nobody cares where we go.

Our tongues forever rattle,
We've caused many a battle,
My, how we love to tattle,
For we are the Chorus of Rumors, hey, diddle, diddle dio.

Exit Chorus.

Hebe: What means this?

Stroller: There is said to be a marriage on foot. One of our most popular teachers is said to be a party of the first part. But Hist. Meet me at the right Fountain tomorrow night at twelve o'clock. I will show you more. Hist!

Curtain.

Oct II—Next night at twelve o'clock.

Stroller: We are well met. Tip-toe with me into the shadow. Ye shall witness an elopement tonight Hear ye not the honk of a 23 taxicab?

Hebe: Methinks I hear a movement on the stairs.

D. T.: Hist, they come!

Hebe: But it is two men!

Stroller: Yea!

Hebe: But look, one is followed by a ghost and the other is blind!

Stroller: Yea!

Hebe: But surely, our teacher marries not the blind one!

Stroller: Yea, and the other one, too.

Hebe: O Scandal, Scandal, Scandal! But I'll tell Never-a-Soul.

D. T. (aside): Never-a-Soul is but a woman's name for All-the-World

Stroller: There may be more to this than seeming to the eye. I'll meet you all anon.

Act III—Next morning, building.

Scene 1

First Student: Did you know that robbers entered the Normal last evening and carried off—

Second Student: Yes, carried off the Milton and Shakespeare that have been on the landing?

Third Student: And did you know our teacher is **not going** to leave us after all?

First Student: Yes, I'm so glad—it was just some more of those nasty rumors going around.

Second Student: Oh, yes, she's in love with her work.

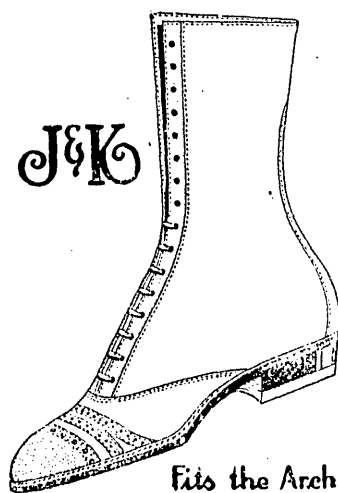
Third Student: Yes, and every-

A meeting of the Board of Regents was held in Maryville, April 17. The Board members here were: T. D. Parr, Hamilton; Leo Phipps, Grant City; W.H. Weightman, Mound City; Charles Mosley, Stanberry; W. A. Blagg, Maryville; and Uel W. Lamkin, state superintendent of schools, Jefferson City, Missouri.

MR. LEESON PREPARES A HEALTH EFFICIENCY TEST.

A Health Efficiency Test has been prepared by Mr. C. C. Leeson, instructor in hygiene. If you do not know your physical standing it is interesting to grade yourself by this test. Each number counts five. Estimate your value on each question and add the results. The sum is your per cent of efficiency.

- 1—Avoidance of all stimulants or narcotics.
- 2—Freedom from any need or use of medicine or dopes.
- 3—Eat in moderation, chew well, balanced diet.
- 4—Average eight hours sound sleep, open windows, no heat, rested.
- 5—Work hard without getting headache or sickness.
- 6—Sit, stand, walk, work erect.
- 7—Wear hygienic clothing.
- 8—Bathe completely, from twice weekly in winter to every day in summer.
- 9—No tendency to nervousness or headache or chronic pains.
- 10—No real sickness for year, ailing not more than twice per year.
- 11—Freedom from all foot defects, corns, ingrown nails, etc.
- 12—Freedom from superstitions, worry, notions.
- 13—Freedom from eye and ear defects.
- 14—Freedom from defects or chronic diseases of nose and throat.
- 15—At least two hours physical exercises daily, preferably in open air.
- 16—Good breathing habits, good ventilation, sanitary surroundings.
- 17—No digestive or excretory troubles.
- 18—Skin clear and rosy, no chronic cold hands and feet, weight about normal.
- 19—Clean teeth three times daily (after meals), no piecing on sweets.
- 20—Live up to hygienic rules to best of ability.



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AT THE BEE HIVE SHOE STORE.